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Small house, big trend: Why we're loving tiny homes. 20

MAKE MOM'S DAY

Our favorite gifts for your favorite lady. 18-19

Ted Cruz calls it quits in GOP race. 12

THE FUTURE OF SPORTS

Traditional sports could one day take a backseat to virtual competition as the popularity of e-sports continues to rise globally. 22



GETTY IMAGES

THINGS YOU NEED TO KNOW

PROSECUTORS CONSIDER MORE CHARGES AGAINST EX-CEO SHKRELI

I Former drug executive Martin Shkreli, who last year became a lightning rod for outrage over soaring prescription drug prices, may face additional U.S. charges of securities fraud, a federal prosecutor said on Tuesday. More charges related to Shkreli's involvement with biopharmaceutical company Retrophin Inc could be filed within a month, Assistant U.S. Attorney Winston Paes said at a hearing in federal court in Brooklyn, New York. Shkreli, 33, sparked outrage among patients, medical societies and U.S. lawmakers after another company he ran, Turing Pharmaceuticals, raised the price of the drug Daraprim by more than 5,000 percent to \$750 a pill. **REUTERS**



MAN HIJACKS DC BUS AFTER ATTACKING DRIVER, PERSON KILLED

2 A man attacked a District of Columbia bus driver on Tuesday, hijacked his vehicle and then struck a person who died, police said. The bus was driven a short distance and caused several crashes before coming to a stop in a gas station parking lot in north-east Washington, police said. A person struck in the lot was taken to a hospital and pronounced dead. The driver suffered injuries that police described as not life-threatening, and no passengers were injured. The suspect is in police custody and was taken to a hospital. **REUTERS**

TEACHERS' 'SICKOUT' SHUTS DETROIT PUBLIC SCHOOLS AGAIN



3 Nearly all of Detroit's public schools were closed for a second straight day on Tuesday as teachers called in sick in a protest prompted by the disclosure that the cash-strapped school system will run out of money to pay employees at the end of June. Ninety-four of the city's 97 public schools were closed as a result of the "sickout" on Tuesday, according to Chrystal Wilson, a spokeswoman for Michigan's largest public school system. Wilson said the schools are expected to be open on Wednesday. Nearly 1,500 teachers called in sick on Tuesday, 90 fewer than Monday, Wilson said. **REUTERS**



A Soap Box Derby participant poses with her vehicle. **PROVIDED**

Central Park hosting first-ever Soap Box Derby race in June

Nonprofit 1000 Feet Project sponsoring competition to put underprivileged kids on path to better life.



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Central Park has been the setting for marathons, a midnight race, and a 5K fun run. In June, the park will host a different kind of competition intended not so much to crown a winner, but to give children a start toward a better life.

Students from across New York City will compete in the first Soap Box Derby race in the Manhattan park on June 19 through the 1000 Feet Project organization.

After its inaugural year in 2015 when the race was held in Queens, the nonprofit received a permit from the city's Parks Department to race in Central Park down Center Drive from the volleyball courts to Skater's Road. The course takes cars made by students down 1,000 feet of racetrack.

The 1000 Feet Project is

a nonprofit organization that aims to offer children, between 9 to 12 years old, from underprivileged communities in the city access to STEM (science, technology, engineering and math) curriculum through participating in Soap Box Derby races.

The organization held its pilot program last year with 56 children participating. Four of them traveled to Akron, Ohio, to compete in the All-American Soap Box Derby (AASBD) competition.

"It just opens their eyes to so much and the environment around the Soap Box Derby. Yes, there are races, but it is very team oriented and it's a positive kind of competition," said Maggie McDermott of 1000 Feet Project.

According to McDermott, nearly four times the number of children that were expected to sign up want to be part of the upcoming race but the

organization doesn't have enough money to sponsor all of them.

In hopes of getting as many of the children that have signed up to participate, the organization started a GoFundMe campaign to raise money by mid-May.

The funds will go toward fully sponsoring a child in the race, covering the race fee, a team T-shirt, trophy and additional permits that are needed for the race.

Through the program, the racers get hands-on experience designing motorless vehicles, training in how to work with the cars and developing racing strategies that incorporate learning about gravity, friction, speed and other scientific and mathematical concepts.

Along with working on the cars and racing them, McDermott said it helps bring families closer together and motivates children to stay in school.

"I feel proud that I am able to do something like this because this is, like, a once-in-a-lifetime thing."

Isabel

Staten Island brother and sister duo Isabel Silva, 9, and Ivan Torres, 11, are two of the children that will be participating in the Central Park race and were part of the pilot program with the 1000 Feet Project.

They are also featured in the film "1000 Feet Project," which documents the first year of the program and follows the children through their journey from Day 1.

Ivan and Isabel were also selected as the four participants who went to compete in Ohio. It was the first time either had ever been on a plane.

"I feel proud that I am able to do something like this because this is, like, a once-in-a-lifetime thing," Isabel said.

Along with finishing second in a local qualifying race in New York City, Ivan — who has his heart set on a future in either NASCAR or the NBA — also snagged second place at the AASBD in Ohio, winning a trophy he said at the time was taller than his sister.

"The most fun part of being with 1000 Feet Project is actually going down that hill because you get that breeze," Isabel said.

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The fizzling frontier

Real estate report reveals sellers are lowering expectations as growth in prices for Brooklyn, Manhattan begins to slow down



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Even as Brooklyn and Manhattan are continuing to see expensive real estate markets, one new report found that New Yorkers looking to sell their homes in those two boroughs are lowering their asking prices in order to make some money back.

Since the start of 2016, Manhattan and Brooklyn have begun to see a decline in the price growth for homes, according to a market report released by StreetEasy.

Disappointment and discipline

In Manhattan, median resale prices went up 3.8 percent from last year to \$978,765 — making it the lowest annual growth since September 2012. For Brooklyn, the price grew 7.1 percent from last year to \$545,330, which shows a third month in a row of price growth slowing down.

And although the growth in prices have started to take a slower pace, sellers so far have been able to get more of their initial asking price through showing “discipline” with price, according to the report. “Manhattan and Brooklyn sellers are being more cautious with their pricing and perhaps a little less free-wheeling than they’ve been over the past few years,” said Alan Lightfeldt, StreetEasy data scientist. “In order to sell in this market, sellers need to lower their asking prices slightly to see a greater return with fewer price cuts.”

Manhattan

Based on the report’s data, the median sale-to-list price ratio in Manhattan so far this year has been 98.5 percent — meaning that sellers in the borough have gotten that percentage of the asking price back. This



Homes in Brooklyn are selling for less as growth slows. GETTY IMAGES

98.5%
MANHATTAN SALE-TO-LIST
PRICE RATIO

\$979K
MANHATTAN MEDIAN
RESALE PRICE

98.3%
BROOKLYN PRICE RATIO

\$545K
BROOKLYN MEDIAN RESALE PRICE

number is an increase from the 97.8 percent last year. As part of this the share of Manhattan listings which saw a price cut went down from 31.2 percent last year to 27.6 percent so far in 2016.

Brooklyn

In Brooklyn, sellers

received 98.3 percent of their initial asking prices, which went unchanged from the year before. Listings in this borough which experienced price cuts also declined to 22.7 percent from 24.1 last year.

The report concluded with giving a 12-month outlook on sales prices,

estimating them to continue slowing down across most areas in Manhattan and Brooklyn.

Growth predictions

Although prices are expected to grow slowly in most of Brooklyn, the area known as “Brown-

stone Brooklyn” which includes neighborhoods such as Prospect Park and northwest Brooklyn, is expected to see negative growths with estimated – 0.6 percent and – 1.3 percent in the next year.

For Manhattan, median resale prices are expected to grow by 2.6 percent over the same time period with growth being led in upper Manhattan and followed by the upper West Side.

“While price growth is slackening, buyers still face an extremely competitive and expensive market, especially in areas like East Brooklyn and Upper Manhattan where pockets of relatively affordable options are attracting more buyers every day,” Lightfeldt said.

“Sellers are being more cautious with their pricing and perhaps a little less free-wheeling than they’ve been over the past few years.”
Lightfeldt

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NY's Fairway grocery chain files for Chapter 11 bankruptcy

Fairway, which operates seven stores in the New York metropolitan area, has faced intense competition from organic rivals Whole Foods and Trader Joe's.



Fairway, which operates seven stores in the New York metropolitan area and has locations in Connecticut and New Jersey, has faced intense competition from organic rivals Whole Foods and Trader Joe's and from online home delivery services, The Wall Street Journal reported.

Following unsuccessful efforts to attract a buyer, Fairway has been working on a pre-negotiated turnaround plan for months, promising no changes to the collective bargaining agreements



People stand in line at a Fairway store. GETTY IMAGES; GOOGLE MAPS

of its 3,400 unionized workers and no pain for its suppliers, the Journal added.

"We believe that implementing this prepackaged plan is the best opportunity for Fairway to restructure its balance sheet on an expedited ba-

sis ... while continuing to provide customers with the best food experience in the greater New York area," a statement from Fairway CEO Jack Murphy was quoted by USA Today.

The plan aims to cut about \$140 million in debt, USA Today added,

also stating that Fairway has secured \$55 million in financing toward the reorganization.

As of Dec. 27, 2015, Fairway's books showed assets of \$346 million and liabilities around \$397 million, according to the Journal.



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The Fairway supermarket chain, which went public in 2013, filed for Chapter

11 bankruptcy protection late on Monday in an effort to free up money to invest in technological upgrades and other changes.

Silver sentenced to 12 years in prison

Former New York State Assembly Speaker Sheldon Silver, for decades one of the state's most powerful politicians, was sentenced on Tuesday to 12 years in prison for collecting millions of dollars in illegal kickbacks.

U.S. District Judge Valerie Caproni said at a hearing in Manhattan federal court that she hoped the sentence would deter corruption among other politicians.

Silver, 72, had cast a shadow over whatever accomplishments he had as a lawmaker by participating in corruption, Caproni said. "Here's the thing about corruption: It makes the public very cynical," she said.

The judge also ordered Silver to pay a fine of \$1.75 million and forfeit more than \$5 million in ill-gotten gains.

The sentencing caps a

stunning fall from power for Silver, a Democrat who represented Manhattan's Lower East Side and served as speaker of the state Assembly from 1994 to 2015. Along with the state Senate majority leader and the governor, the Assembly speaker was one of the "three men in a room" who control virtually all major legislation in Albany.

Silver's counterpart in the state Senate, the former majority leader Dean Skelos, was also found guilty of corruption just 10 days after a jury convicted Silver of seven counts in December.

Prosecutors said Silver awarded \$500,000 in secret state grant money to a cancer researcher who, in exchange, funneled patients to Silver's law firm, allowing the lawmaker to collect millions of dollars in referral fees. REUTERS



Former New York State Assembly Speaker Sheldon Silver after his sentencing GETTY IMAGES

FRAUD

NYC to pay U.S. \$4.3 million in Medicare fraud case

New York City agreed to pay the U.S. government \$4.3 million to settle a civil fraud lawsuit accusing the city's fire department of accepting tens of thousands of improper Medicare reimbursements for emergency ambulance services.

The accord signed on Tuesday resolves claims that the city cheated the U.S. Department of Health and Human Services out of millions of dollars from October 2008 to October 2012 by submitting claims for services that were not medically necessary, violating the federal False Claims Act.

According to court papers, part of the problem may have been linked to the FDNY's ambulance billing contractor.

The U.S. Department of Justice said that in a review sought by the FDNY, the contractor in June 2010 found just one Medicare reimbursement denial for unnecessary services over a period of several months, though the number of improper reimbursements was at the time averaging more than 1,000 a month.

The FDNY alerted the office of U.S. Attorney Preet Bharara to the improper reimbursements in 2012, and adopted new claims procedures nine months later.

REUTERS

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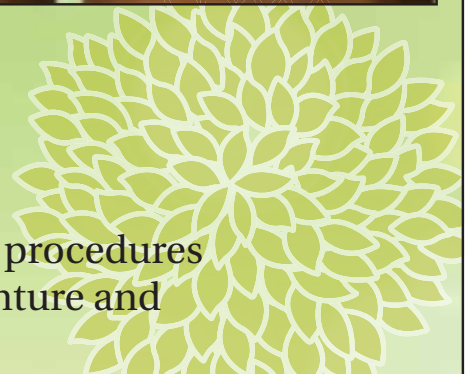
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BRIEFS

Small plane crash kills three in Long Island Tuesday afternoon

Three people are reportedly dead after a small plane crashed near some schools in Syosset, on Tuesday afternoon.

A Beech BE35 aircraft crashed on Cold Spring Road just after 3:39 p.m., Pix 11 reported.

The crash was reportedly in a wooded area near South Woods Middle School, Syosset High School and Berry Hill Elementary

School, and was preceded by a mayday call from the pilot.

The plane was reportedly en route to Robertson Field in Plainville, Connecticut, from Myrtle Beach, South Carolina. CHRIS CASEAR

New York asks StubHub, Ticketmaster to curb 'speculative' sales

The New York Attorney General has sent letters to ticket selling platforms StubHub and

Ticketmaster to discourage "speculative" sales of tickets by unlicensed resellers.

The letters sent by New York Attorney General Eric Schneiderman's office asks the ticket platforms to verify that professional ticket resellers are licensed and they comply with New York disclosure laws.

Ticketmaster is owned by Live Nation Entertainment Inc while eBay Inc owns StubHub.

The letters were sent after an



Tickets GETTY IMAGES

investigation found evidence of violations of New York's tickets and consumer protection laws by ticket resellers. REUTERS

New video of suspect in Prospect Park rape attempt



The suspect NYPD

The man allegedly told the victim he was going to sexually assault her after taking out a knife.

Got info?

Anyone with information in regards to this incident is asked to call the NYPD's Crime Stoppers Hotline at 1-800-577-TIPS (8477) or for Spanish, 1-888-57-PISTA (74782).

The public can also submit their tips by logging onto the Crime Stoppers website or by texting their tips to 274637 (CRIMES) then enter TIP577.

As the search continues for the suspect in an attempted rape inside Prospect Park last month, the NYPD has released a second video of the man wanted for the crime.

On April 20 at about 12 a.m., a 23-year-old woman was jogging inside the Brooklyn park near Garfield Place and Prospect Park West when she was approached from the suspect from behind, according to police.

The man then threw the victim on the ground, took out a knife and told her that he was going to sexually assault her, cops said.

A struggle began as the victim resisted and the man ran away from the scene, according to police. The woman was

cut on her right index finger and was taken to Methodist Hospital in stable condition.

Police described the suspect as a black man, between 5-foot-10 inches and 6 feet, 180 to 190 pounds, with short hair and a goatee. He was last seen wearing a black T-shirt, black pants with white lettering on one pant leg and black sneakers with white bottoms.

On Monday night, the NYPD — who two weeks ago provided a sketch of the suspect — released the second surveillance video of the man.

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Firefighters continue to work at the scene where the Serbian Orthodox Cathedral of Saint Sava was gutted in a massive fire Sunday evening. GETTY IMAGES

Church fire may have been caused by candles: FDNY

The department is still investigating the massive blaze, which took three hours to extinguish, and reports of similar incidents in other countries have some on edge.



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The FDNY believes some candles left in a cardboard box by a caretaker may be responsible for the massive fire that consumed the Serbian Orthodox Cathedral of St. Sava in the Flatiron District Sunday, reports said.

The fire, which took three hours to put out, completely destroyed the church's roof, ABC 7 reported. Four firefighters suffered minor injuries,

and a caretaker was treated for smoke inhalation.

The towering flames consumed the building only hours after about 700 people reportedly attended Orthodox Easter services.

The department said there is no evidence that points to foul play, but some in the orthodox community believe the blaze might be related to other large church fires in Australia and Russia — perhaps for the church's role in lobbying Pope Francis to block the canonization of Croatian Nazi supporter Cardinal Aloysius Stepinac, the New York Post reported.

"Too many churches have burned to call it an accident," Dr. Dušan T. Bataković, a former Serbian ambassador who is now director of the Institute for Balkan Studies in Belgrade, told the New York Post. "It is very strange that it hap-

"It is very strange that it happened, that the fires all took place on Easter ... Some kind of terrorist action cannot be excluded."

Bataković

pened, that the fires all took place on Easter, the greatest Christian Orthodox holiday. ... Some kind of terrorist action cannot be excluded."

Whatever the cause, officials continue to investigate.

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Poll: US families struggling with teen phone addiction

Kids weren't the only cause for concern, according to the survey: Parents also took big risks.



A new survey releases data on teen phone addiction. GETTY IMAGES

Half of teenagers in the United States feel addicted to their mobile phones, with most checking the devices at least every hour and feeling pressured to respond immediately to messages, a survey released Tuesday found.

The majority of parents concurred, with 59 percent of those with children between ages 12 and 18 saying their kids cannot give up their phones, according to a poll of 1,240 parents and children by Common Sense Media.

The findings from the nonprofit group, which

focuses on the effects of media and technology on children, highlighted the tension such close ties to devices can cause, with it disrupting driving, homework and other time together.

About a third of those polled said they argue every day about screen use, the San Francisco-based group said.

"It is causing daily conflict in homes," Common

Sense Media's founder and CEO James Steyer said in a statement.

U.S. children between ages 8 and 12 report spending nearly six hours a day using media, while those ages 13 to 18 spend almost nine hours a day using media, according to the group.

"The seemingly constant use of tech, evidenced by teens immediately responding to texts, social-networking posts and other notifications, is actually a reflection of teens' need to connect with others," it said in its review.

Fifty-six percent of adults surveyed said they check their mobile phones while driving — and more than half of teens said they had seen their parents do so. REUTERS

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Islamic State kills US Navy SEAL in northern Iraq



Islamic State militants killed a Navy SEAL in northern Iraq on Tuesday after blasting through Kurdish defenses and overrunning a town in the biggest offensive in the area for months.

The elite serviceman was the third American to be killed in direct combat since a U.S.-led coalition launched a campaign in 2014 to "degrade and destroy" Islamic State and is a measure of its deepening involvement in the conflict.

A U.S. defense official, speaking on condition of anonymity, said the dead serviceman was a Navy SEAL. The SEALs are considered to be among the most able U.S. special operations forces and capable of taking on dangerous missions.

A senior official within the Kurdish peshmerga

"It is a combat death, of course, and a very sad loss."

Defense Secretary Ash Carter

forces facing Islamic State in northern Iraq said the man had been killed near the town of Tel Asqof, around 17 miles from the militant stronghold of Mosul.

The Islamic State insurgents occupied the town at dawn on Tuesday but were driven out later in the day by the peshmerga. A U.S. military official said the coalition had helped the peshmerga by conducting more than 20 airstrikes with F-15 jets and drones.

The official, speaking on condition of anonymity, said the Navy Seal

was killed "by direct fire" while on a mission to advise and assist local forces.

Carter's spokesman, Peter Cook, said the incident took place during an Islamic State attack on a peshmerga position some 2 to 35 miles behind the forward line.

Such Islamic State incursions are rare in northern Iraq, where the Kurdish peshmerga have pushed the militants back with the help of coalition airstrikes and set up defensive lines that the militants are rarely able to breach.

The leader of a Christian militia deployed alongside peshmerga in Tel Asqof said the insurgents had used multiple suicide bombers, some driving vehicles laden with explosives, to penetrate peshmerga lines.

REUTERS



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RACE FOR THE WHITE HOUSE

Trump, Sanders win Indiana, Cruz drops out

Republican front-runner Donald Trump all but sealed the party's presidential nomination on Tuesday with a commanding victory in Indiana that forced rival Ted Cruz to finally end his campaign.

The New York billionaire, who has never held public office and who repeatedly defied pundits' predictions that his campaign would implode, now can prepare for a matchup in the Nov. 8 election with Hillary Clinton expected to be his Democratic opponent.

Clinton's march to the Democratic nomination, however, was slowed by rival Bernie Sanders' victory over her in Indiana.

The victory will not provide the Vermont



Bernie Sanders

Donald Trump GETTY IMAGES

senator much of a boost in his efforts to close the gap, Clinton remains the favorite to secure the Democratic presidential nomination. But the Sanders victory tonight renews his momentum and provides a more fodder for his plan to force a "contested convention" in Philadelphia.

Trump, at a victory rally at Trump Tower in New York, walked on stage with wife Melania and other family members as the Rolling Stones' "Start Me Up" blared over loudspeakers.

He is likely to formally wrap up the nomination on June 7 when California votes, although Ohio Gov. John Kasich vowed to stay in the race as Trump's last challenger.

Trump called Indiana

a "tremendous victory" and immediately directed fire at Clinton.

"We're going after Hillary Clinton," he said. "She will not be a great president, she will not be a good president, she will be a poor president. She doesn't understand trade."

Republican National Committee Chairman Reince Priebus called Trump the party's presumptive nominee in a tweet and said, "We all need to unite and focus" on defeating Clinton.

As the vote returns flowed in, Cruz announced that he has ended his campaign at an event in Indianapolis, with his wife, Heidi, at his side. Cruz, 45, sounding beaten but defiant, said he no longer sees a viable path to the nomination. REUTERS

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New Treatment For Heel Pain, Shockwave, PRP (platelet rich plasma) as seen on the front page of *The New York Times*

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Scientists win \$3M for detecting Einstein's waves

Researchers who helped detect gravitational waves for the first time, confirming part of Albert Einstein's theory in a landmark moment in scientific history, will share a \$3 million Special Breakthrough Prize, according to the prize's selection committee.

The Breakthrough Prizes for scientific achievements were created by Russian billionaire Yuri Milner along with several technology pioneers, including Facebook founder Mark Zuckerberg and Google co-founder Sergey Brin.

In February, a team from the Laser Interferometer Gravitational-Wave Observatory (LIGO) announced a pair of giant laser detectors had measured the tiny ripples in space and time first theorized by Einstein a century ago, capping a decades-long quest.

Einstein predicted



LIGO co-founder Kip Thorne GETTY IMAGES

gravitational waves as part of his seminal theory of general relativity, which explained gravity as distortions in both space and time caused by bodies of matter.

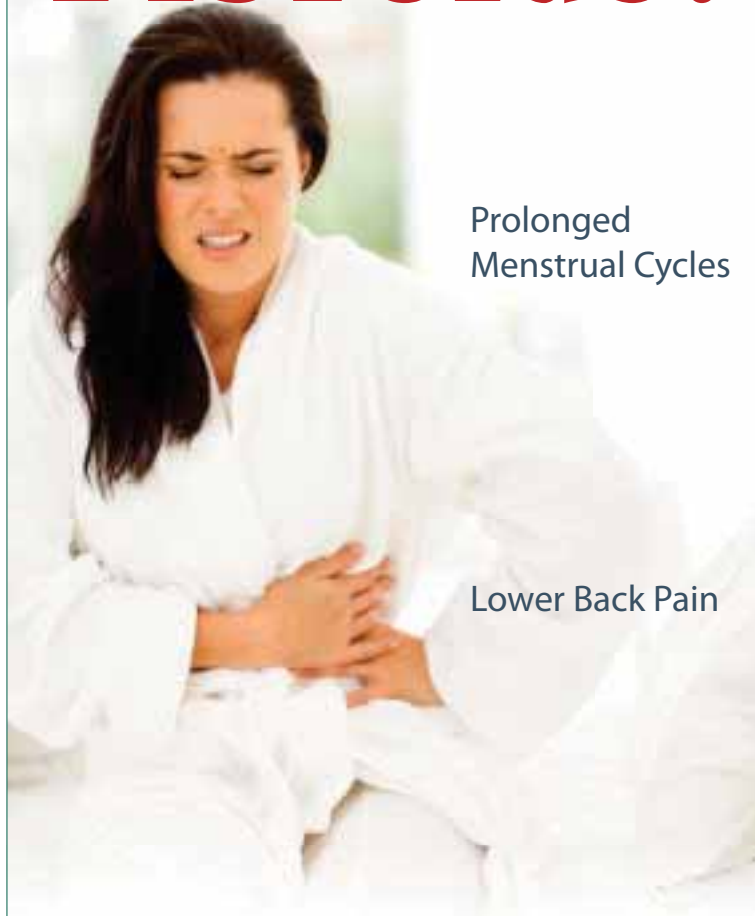
LIGO's three founders — Rainer Weiss, Kip Thorne and Ronald Drever, who dedicated much of their careers to gravitational wave detection — will share \$1 million. More than 1,000 contributors to the project will also split \$2 million equally.

"That's much more modern and much more

the way that physics gets done," said Weiss, a professor emeritus at the Massachusetts Institute of Technology, of the decision to honor the entire team. "You can't credit just the three of us for this."

Researchers said the gravitational waves came from the collision of two black holes, the extraordinarily dense objects that Einstein's theory also predicted. The black holes, both many times the mass of the sun, were located 1.3 billion light years from Earth. REUTERS

Fibroids?



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THOUSANDS of knee arthritis sufferers flock for this advanced medical treatment - How they relieved pain while so many continue to suffer

Knee Arthritis Pain: The Untold Story

Why patients come from all over the Tri-State area for this knee arthritis pain treatment and why waiting can decrease your chance to live pain free. life again

Downtown NYC Medical Institute is a medical clinic with multiple locations in New York City that has treated thousands of knee arthritis patients. Here is what every knee arthritis sufferer should know about the best treatments and options available today. And why waiting drastically decreases your chances to live a pain free life again.

The information you are about to read can possibly save you from years and years of agonizing knee pain. It might even keep you from getting total knee replacement surgery.

Please pay careful attention. What you are about to read is a cutting-edge medical treatment... but it is NOT what it appears to be at first glance.

In fact, I'm going to have to ask for a bit of patience from you if you have already *unsuccessfully* tried any (or many) other knee arthritis pain treatments.

You see, many knee arthritis sufferers had already tried the treatment we are going to talk about and did not get the results they wanted. But I assure you there is something VERY DIFFERENT about the technology and the way we do this treatment that makes it much different.

And often gets results when many others have failed.

This is why patients come from all over the tri-state area and beyond to have their knee arthritis pain treated here.

Would You Like Instant Proof?

precisely inject directly into the knee joint. This helps replace the lubricating fluid to the knee joint - allowing it to move more freely and smoothly and often decreasing or even eliminating the pain.

What Results Can Be Expected?

Like all medical treatments, the results vary and can not be predicted. In fact, it is impossible to predict results and there are no statistics proving what the "average" patients can expect. Everyone is individual and gets individual results - so we never tell anyone to expect the same results as any of our other patients. **But to be 100% clear** - many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

What Are Treatments Like?

Treatments are simple, fast and virtually painless. The total time of the procedure itself is only 10 minutes and most say it is like getting a flu shot. You walk out of the clinic just minutes after your procedure.

But There Is A BIG Problem The key is the treatment must be EXTREMELY PRECISE. If the injection is slightly off, the medication will not get into the knee joint and the treatment will not work.

That's why the experts at OsteoRelief Institute use advanced digital imaging so they can see the injection going directly into the knee joint during the treatment.

Research shows that doctors performing joint injections without imaging miss the joint as

"I cannot ask for better results"



Dr. Stanley Weiner, M.D. - Surgeon

I had surgery scheduled last year. Three months before I made an appointment with Downtown NYC Medical Institute. I was amazed at the ease with which I was evaluated and the treatment schedule implemented. **The results I had at Downtown NYC Medical Institute were outstanding. I cannot ask for better results.** After the treatment I was able to go back to work with no discomfort at all. They use a digital monitor to locate the space that they use the treatment for and it's... it's like exact science. **Dr. Stanley Weiner**

"I don't have any pain any more"



After I had the treatments... the last tuneup...

"Hey this feels terrific"



I was diagnosed bone on bone about 2 years ago I went to see an Orthopedic Surgeon and he said my knees were shot and I need to get them replaced. Downtown NYC Medical said after looking at x-rays they could help. **That procedure is so basic so simple so quick in 15 minutes you are in and out. I did both legs at once which is great. When I got up out of the chair I stood up and I said, "Hey this feels terrific."**

"I feel like a new woman - It's amazing."



If you want instant proof - you can just look at all the actual patient testimonials we have included. These patients were once skeptical just like you... and are now either pain free... or eliminated quite a bit of their pain.

Here's the most important thing: Many said they saw this information SEVERAL times before finally deciding to take action and give us a call. As you can see - they are happy they did.

Once crippled with knee pain, they are playing golf again, dancing again, riding bikes again and going for long walks again.

But we do get

one very common complaint.

And it is: "I wish I started this treatment much sooner." Let's be very clear about this: Time is the most precious thing. There is no way to slow it down - or get any back once it is gone. All the more reason for you to not suffer even one more second than you have to. Missing life suffering in pain is a tragedy. It's time for you to get rid of your knee pain and start living the life you want and deserve.

And please understand this: One of the keys to success in medicine is early diagnosis and treatment. Like many diseases, arthritis only gets worse over time. The longer you wait - the more damage to your knee and the more pain you will be in. If you wait too long, the entire knee joint will be degenerated and your ONLY option will be total knee replacement.

If you are suffering with knee arthritis

pain, here is why you should act RIGHT

NOW: When you have arthritis, you suffer a decrease in the lubricating fluids in your knee. In other words, your knee joints basically "dries up." The lubricating fluid that decreases is called "synovial fluid."

Pharmaceutical companies (with the help of scientists) can now make synovial fluid-like compounds that... during viscosupplementation treatments... doctors

ny patients who are imaging times are joint t much as 30% of the time.

If you had viscosupplementation without this special digital imaging without good results - this may be why.

That's why Downtown NYC Medical Institute even takes it one step further. They do not just use one form of advanced imaging during treatment - they use two in their "double confirmation" process. This is to ensure patients get the best possible results.

Another Important Factor

Viscosupplementation medications also come in several different brands and chemical make-ups.

Just like all medications, some people respond better to some than others. While many doctors only use one brand, the experts at Downtown NYC Medical Institute use several and great effort is taken to figure out what the best one for YOU is.

What To Do Next If You Are In Pain:

Special Your Invitation

Downtown NYC Medical Institute offers a limited number of complimentary knee arthritis treatment screenings every month. These screenings are a way for knee arthritis sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at Downtown NYC Medical Institute.

For a complimentary screening, just call 800-227-KNEE. The screenings fill up fast every month. This screening is no cost and there is no further obligation. Call 800-227-KNEE to schedule your screening. Many of the treatments offered at Downtown NYC Medical Institute are covered by many insurance plans and Medicare. Call 800-227-5633 to schedule your screening.

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I just go right to the golf course. I'm able to keep up with these guys who walk - I'm right next to them! My guys on the golf course would say Hey, look at this he doesn't need us to put the ball up any more.

When I'm playing on the course I don't have any pain any more I don't have any aches and pain.

I'm out there playing!

"I feel like a new woman"



I came to the clinic because I was not sleeping at night. My leg was Pounding. There were times when I sat too long the knee would tighten up. I would get in pain and I would be miserable and I would have it for the whole night.

After the treatment I goof around with my grandchildren. I feel like a new woman. It's great. I know I don't have to sit on the couch and be in pain and I can just pick up and get dressed and go out. It was so gentle.



It got to the point where I couldn't stand up for a period of time and I knew something had to be done about it. You walk into the doctors office - he puts your leg in a machine - he shows you where he is going to do the procedure and before you know it... it's done and you're outta there. Now I'm able to take out my bicycle a couple of the guys and myself we took a couple of rides out in the woods and we had a good time and ***I couldn't do that for years and now I'm able to do it again.***



The pain was excruciating like 24/7. Nothing I took over-the-counter would work so I knew it was something more serious. When I saw that my condition was not getting any better, I decided to do something about it and I immediately made an appointment - I went and started treatment. **The feeling of getting back to my dancing and my mobility is indescribable. I feel like a new woman - It's amazing.**

"I am ecstatic with the results of this procedure"



One day, as I was running, my knee got tighter and tighter. I had to stop and just walk home. They x-rayed me and said I was a candidate for it. You sit there for about 2-3 minutes and then you are up and walking out the door. I am ecstatic with the results of this procedure because I could not run just weeks before. I ran my race without any issues. I felt good - it just opened a door that was closing.

"I Can Finally Live My Life"



Prior the the relief center I was taking (9:30) and I was becoming addicted to it and it was damaging my health. Since the treatment, I've been able to be less dependent on them. I don't feel helpless anymore. **Since going through the procedure I can finally live. I can finally live my life.**

Sinead O'Connor drags Arsenio Hall into controversy over Prince's death

You know what would give all this speculation about how Prince's life came to a tragic end a bit more zing? Some wild accusations hurled from one celebrity at another.

Thankfully, we have social media, where some famous people roam freely, unencumbered by pesky publicists or better judgment. Sinead O'Connor — who is no stranger to both troubling Facebook rants and wild accusations relating to Prince — made a post to her official page that former late-night host Arsenio Hall regularly supplied Prince with drugs.

"Two words for the DEA investigating where Prince got his drugs over the decades," she writes. "Arsenio Hall (AKA Prince's and Eddie Murphy's b—). Anyone imagining Prince was not a long-time hard drug user is living in Cloud



ALL PHOTOS GETTY IMAGES

Cuckoo Land."

She goes on to say she's reported Hall to police, who "are aware you spiked me years ago at Eddie Murphy's house." Hall's reps rejected the whole thing as "absolutely false, ridiculous and absurd."

the word

NED EHRBAR
letters@metro.us

Ladies and gentlemen, your front-runner for 2016's HamilTonys

The cultural influence of "Hamilton" stretches so far beyond New York City that "Broadway musical" is almost a footnote on its resume at this point. But the annual Tony Awards for greatness on the Great White Way brought the focus back to the show's roots on Tuesday with a record-setting 16

Tony nominations, including Best Musical. Creator and star Lin-Manuel Miranda was co-nominated as Best Actor alongside Leslie Odom Jr., who plays Alexander Hamilton's friend and rival Aaron Burr.



Nominations also went to nearly all of the principal cast, including three out of the five nods for featured actor in a musical, as well as for the score and book to Miranda — who has already won a Pulitzer, Grammy and MacArthur

Fellowship for the show, among other accolades. If you're wondering about the competition "Hamilton" will be facing, this year's awards were unofficially dubbed the "HamilTonys" months ago. To paraphrase a lyric from the show, it's not a question of if, Burr, but which ones. **EW** **KIS**

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Marc Maron discusses the fourth season of "Maron."



LUKE O'NEIL
@lukeoneil47
letters@metro.us

As the third season of "Maron" concluded, the IFC show's fictionalized version of comedian Marc Maron had finally hit rock bottom. After years of sobriety, debilitating back pain sent the irascible comic on a downward spiral that led to a painkiller addiction and resulted in the loss of his talk show. It would've been tragic to watch if it weren't so funny.

It seemed like there was nowhere left to go but up, but as the fourth season, which premieres tonight, reminds us, sometimes rock bottom even has a refurbished basement. Or, in this case, a lived-in storage unit — a "studio apartment situation" — as Maron calls it.

Having lost his home, his job and his cats; alienating all his friends; sleeping with a home health aid in exchange for a sick old man's medication; and waiting



Marc Maron's IFC comedy "Maron" kicks off its fourth season tonight at 9 p.m. IFC

for a call back from Louis C.K. that may or may not ever come, Maron finds himself keelhaunched into rehab, where he crosses swords with a particularly unprofessional therapist and a roommate with a penchant for defecating in inappropriate places.

Maron explains some of the changes the show underwent this season and the line between fiction and reality.

I know you talk about your own sobriety a lot but was this storyline

based on any close calls you've had in the recent past?

It's more based on a fear that any of us who have long-term sobriety experience when we see somebody that's got 15, 20, 25 years decide they can use again. I've heard stories about that. It's obviously a possibility, and the way I depicted it happening is usually sort of how it happens. The painkiller slip is very common. But no, I've never experienced any close calls; I'm doing OK.

Where do we pick up this season?

We have a lot of freedom with IFC, so I figured let's make a totally different show and have this guy move through rehab, then transitioning back into life and deciding what to do with his life now. So I saw it as three separate shows in a way, three separate sections. It was ambitious given our budget, but we pulled it off. I think more than any other season, there was a pride of really challenging ourselves.

There's a refrain while you're in rehab, and you keep saying like, "I'm not a 20-year-old, this isn't my first time." I know you talk about getting older a lot, was that on your mind?

I think it was like we wanted to play it pretty close to the bone without blowing up the program too much, and without it being hacky, so in most rehabs, I imagine you have the group and the meeting and stuff. So what we focused on was, the reality is, a lot

of these rehabs now — a good friend of mine, my sponsor actually, works at a rehab, so I used him as a resource — it's primarily teenagers and people in their 20s. And I thought this would be a great environment for me to have some wisdom, also act like a baby, and also take some higher ground. And to have some foils that were young.

The character of the therapist, it's exaggerated for absurdity, but was there any nugget of truth in that?

The core to that character, why it's funny, in a way, is because all those guys come into that job as recovering addicts. They may be sober, but like anybody who has that personality, you're going to have these other flaws that may or may not be manageable. They're not like school principles, they're usually guys who blew their lives, and rebuilt it and decided to stay in that world. So that was really based on that idea, that this guy was sober, but he was not morally necessarily on point.

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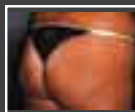
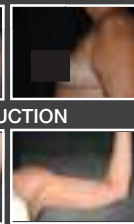
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Unit Size	Monthly Rent*	Units Available		Household Size**	Annual Household Earnings***
Studio	\$895	3	→	1 person ↓	\$32,023 - \$48,350
Studio	\$1,476	9	→	1 person ↓	\$51,943 - \$78,650
1 bedroom	\$1,135	6	→	1 person ↓	\$40,286 - \$48,350
				2 person ↓↓	\$40,286 - \$55,250
1 bedroom	\$1,861	30	→	1 person ↓	\$65,178 - \$78,650
				2 person ↓↓	\$65,178 - \$89,830
2 bedroom	\$1,375	7	→	2 people ↓↓	\$48,549 - \$55,250
				3 people ↓↓↓	\$48,549 - \$62,150
				4 people ↓↓↓↓	\$48,549 - \$69,050
				3 people ↓↓↓	\$56,058 - \$62,150
3 bedroom	\$1,581	1	→	4 people ↓↓↓↓	\$56,058 - \$69,050
				5 people ↓↓↓↓	\$56,058 - \$74,600
				6 people ↓↓↓↓	\$56,058 - \$80,100
				2 people ↓↓	\$78,412 - \$89,830
2 bedroom	\$2,246	22	→	3 people ↓↓↓	\$78,412 - \$101,010
				4 people ↓↓↓↓	\$78,412 - \$112,190
3 bedroom	\$2,586	5	→	3 people ↓↓↓	\$90,515 - \$101,010
				4 people ↓↓↓↓	\$90,515 - \$112,190
				5 people ↓↓↓↓	\$90,515 - \$121,290
				6 people ↓↓↓↓	\$90,515 - \$130,260

* Rent includes gas for cooking.

** Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.

*** Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.

How Do You Apply?

Apply online or through mail. To apply online, please go to nyc.gov/housingconnect. To request an application by mail, send a self-addressed envelope to: Langsam Property Services c/o Steinway Estates 1601 Bronxdale Ave suite 201, Bronx, NY 10462: Application can be requested by email at: steinwayestates@langsamprop.com. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?

Applications must be postmarked or submitted online no later than **May 23, 2016**. Late applications will not be considered.

What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an interview to continue the process of determining your eligibility. Interviews are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

Español	Presente una solicitud en línea en nyc.gov/housingconnect . Para recibir una traducción de español de este anuncio y la solicitud impresa, envíe un sobre con la dirección a: Langsam Property Services c/o Steinway Estates 1601 Bronxdale Ave suite 201, Bronx, NY 10462. En el reverso del sobre, escriba en inglés la palabra "SPANISH". Las solicitudes se deben enviar en línea o con sello postal antes de 23 de mayo 2016 .
简体中文	访问 nyc.gov/housingconnect 在线申请。如要获取本广告及书面申请表的中简文版，请将您的回邮信封寄送至：Langsam Property Services c/o Steinway Estates 1601 Bronxdale Ave suite 201, Bronx, NY 10462。信封背面请用英语注明 "CHINESE"。必须在以下日期之前在线提交申请或寄书面申请 2016年5月23日 。
Русский	Чтобы подать заявление через интернет, зайдите на сайт: nyc.gov/housingconnect . Для получения данного объявления и заявления на русском языке отправьте конверт с обратным адресом по адресу Langsam Property Services c/o Steinway Estates 1601 Bronxdale Ave suite 201, Bronx, NY 10462. На задней стороне конверта напишите слово "RUSSIAN" на английском языке. Заявки должны быть поданы онлайн или отправлены по почте (согласно дате на почтовом штемпеле) не позднее 23 мая 2016 .
한국어	nyc.gov/housingconnect 에서 온라인으로 신청하십시오. 이 광고문과 신청서에 대한 한국어 번역본을 받아보시려면 발송용 봉투를 Langsam Property Services c/o Steinway Estates 1601 Bronxdale Ave suite 201, Bronx, NY 10462으로 보내주세요. 봉투 뒷면에 "KOREAN" 이라고 영어로 적어주세요. 2016년5월23일 까지 온라인 신청서를 제출하거나 소인이 찍힌 신청서를 보내야 합니다.
Kreyòl Ayisyen	Aplike sou entènèt sou sitwèb nyc.gov/housingconnect . Pou resevwa yon tradiksyon anons sa a nan lang Kreyòl Ayisyen ak aplikasyon an sou papye, voye anviwop ki gen adrès pou retounen li nan: Langsam Property Services c/o Steinway Estates 1601 Bronxdale Ave suite 201, Bronx, NY 10462. Nan dèyè anviwop la, ekri mo "HATIAN CREOLE" an Angli. Ou dwe renèt aplikasyon yo sou entènèt oswa ou dwe fèntire yo anvan dat me 23, 2016 .
العربية	تقدم طلبك عن طريق الموقع الإلكتروني nyc.gov/housingconnect . للحصول على ترجمة باللغة العربية لهذا الإعلان والنموذج الطلب الورقي، أرسل مغلفاً يحمل اسمك ومعلوماتك إلى: Langsam Property Services c/o Steinway Estates 1601 Bronxdale Ave suite 201, Bronx, NY 10462. على الجهة الخلفية للمغلف، اكتب باللغة الإنجليزية كلمة "ARABIC". يجب إرسال نماذج الطلبات عن طريق الإنترنت أو ختمها بختم البريد قبل 23 مايو 2016 .

Mayor Bill de Blasio • HPD Commissioner Vicki Been



For reasons to consider a tiny home, head to Metro.us.
ALL PHOTOS COURTESY OF TINY HOUSE NATION/FYI



Could your family live in 500-square-feet?

For some, the tiny home trend is the perfect fit.



Something strange has been happening in the world of real estate.

Across the country — the country that invented the McMansion, that branded “suburban sprawl,” that never met anything it didn’t want to supersize — homes have been shrinking.

“For so long, the perception was, ‘bigger is better.’ Homes were status symbols — status symbols that we couldn’t afford,” says John Weisbarth, host of FYI’s hit series “Tiny House Nation.” “When the housing bubble burst, we started thinking, ‘Hmm. Maybe we don’t need 5,000 square feet for two people.’”

So what’s tiny? “Tiny House Nation” defines the trend as a home that’s 500-square-feet or less (which is, perhaps surprisingly, a rather generous upper limit in a movement that prides itself on aggressive minimalism). It sounds extreme, sure, but these customized mini abodes are nothing like your boxy, post-college apartment.

“If you put a lot of thought into your design before you build the house, you’ll probably find that it will truly fit you like a glove,” says Amy Henion of lifestyle site TheTinyLife.com, who is working on her own 112-square-foot home. “Some folks have even said that they wish they’d built a smaller tiny house! People underestimate how quickly they can adapt to new environments. Wants are limitless, but our needs are

surprisingly few and quite easily met.”

“Tiny House Nation” has built homes for everyone from NBA star Matt Bonner and his family — how to accommodate a 6-foot-10 power forward in 300-square-feet was a challenge even for the pros — to miniature surf shacks to swoon-worthy ski chalets.

While Weisbarth cautions that the lifestyle takes a certain kind of person, he does hope that the show inspires viewers to adopt some of the tenets of smaller-scale life. “Tiny homes aren’t for everyone — I don’t know if you’re doing the movement any justice if you’re living in a home that doesn’t support your needs,” he says. “But regardless of the square footage, the ideals are universal: living within your means and being responsible with resources.”

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Esports gamers prepare to do battle. GETTY IMAGES

E-sports gaining mainstream status

The debate of whether or not it is a “sport” may never die, however.



MATT BURKE
@burke_metro
matthew.burke@metro.us

Idol worshipping is not nearly as cool, fun or lucrative as being a superstar yourself, and that’s a big reason so many young people in this country are gravitating toward e-sports, which is essentially competitive video-game playing.

The “sport,” if you want to call it that — and there’s plenty of debate on that topic — routinely packs major sports arenas across the U.S. and is becoming increasingly mainstream.

The traditional sports fan may scoff at that notion, as the “video-game geek” tag often gets tossed around. But here’s a taste of how legit e-sports is in 2016 — Robert Morris University in Chicago has its own varsity e-sports team with scholarships (70 percent tuition for top gamers), ESPN.com now has its own e-sports landing page, top pro gamers are already millionaires and the League of Legends World Championship Final at the 17,000-seat Mercedes-Benz Arena in

Germany last year sold out in three minutes.

E-sports has not tumbled, either, according to the man who put together the varsity e-sports team at Robert Morris, associate athletic director Kurt Melcher.

“It’s mostly a recent phenomenon. There will be some people who tell you, ‘Oh, there was this Space Invaders tournament in 1981’ and all that, but I think the rise of e-sports really went hand-in-hand with the emergence of broadband Internet,” Melcher said.

“Starcraft was the first big [e-sport] and it was big back in the middle 2000s and it’s grown so much since then. Broadband Internet has opened so many doors to make it a global game. It’s really escalated in the last five years and has taken off. I don’t think it’s at its peak yet. It’s just ... the mainstream media paying more attention to it.”

Competitive streak

“League of Legends” is the massive game in 2016, and it has a team concept. Teams of five battle against one another and gamers work together to destroy the other team’s “base.” One game typically takes 35-40 minutes and there are typically best-of-three or best-of-

“It’s a grind. There’s a lot of discipline to it as it’s such a mental game. ... It’s really a mental game of the highest level.”

Robert Morris University Associate Athletic Director Kurt Melcher

five series.

Gamers at Robert Morris practice Monday through Thursday each week from 4:30 p.m. to 9 p.m. and the season starts in late September and runs until May. It’s easily Robert Morris’ longest-running season.

“It’s a grind,” Melcher said. “There’s a lot of discipline to it as it’s such a mental game. It’s different from say, football. In football if you’re frustrated you can just hit your opponent harder. In e-sports there’s not a lot of outlets for frustration or anger if things aren’t going well. It’s really a mental game of the highest level.”

Many pro e-sports players now have nutritionists, and you absolutely can’t be fatigued mentally to succeed in this world.

“One of the biggest misconceptions is that people default to the stereotype of who is participating,” Melcher said. “It’s a default to a lazy person or a person who is fueled

other traditional athletics teams.”

So is it a sport?

A big part of the reluctance of the mainstream sports world to embrace e-sports may be because of the fact that “sport” is actually in the name. It’s basically screaming at you, “Hey, we’re legitimate.”

“You just have to take it at face value,” Melcher said. “There’s a reason there’s an ‘E’ at the beginning of e-sports. It’s ‘electronic sport’ and it’s com-

petitive entertainment.

“To compare it to a mainstream sport: A lot of people have a hard time understanding why someone would want to watch golf on TV. But people watch it because they can appreciate the skill of getting out of a bunker or sinking a great putt. The same holds true with e-sports. There’s not a whole lot of physical exertion in golf. It’s just a great game of skill, like e-sports. You just have to take it at face value. It’s not replacing football or basketball or soccer.”

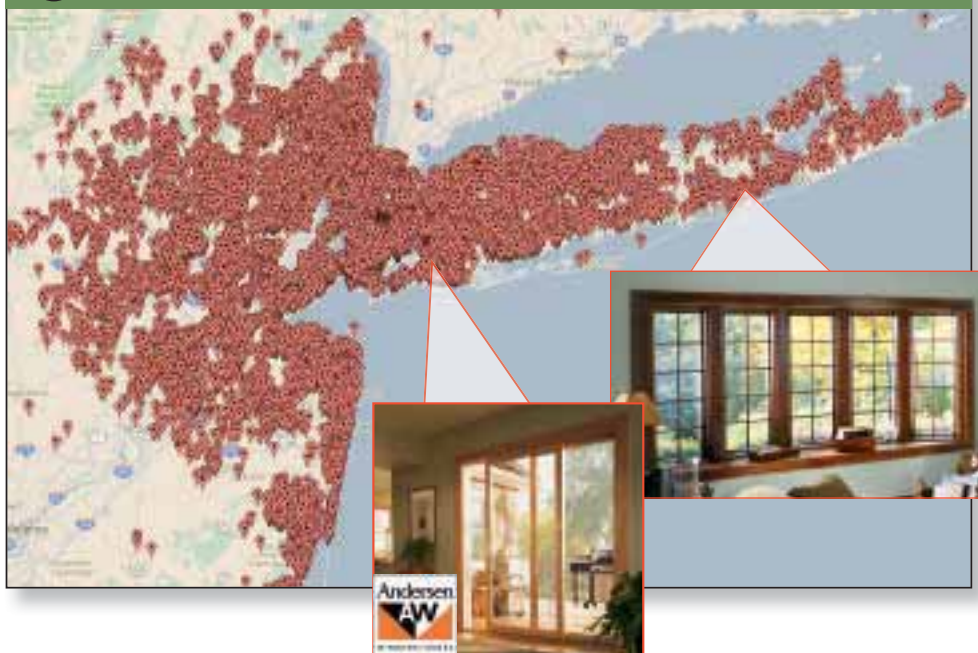
Picking up steam



Young lefty Steven Matz (3-1, 3.86 ERA) is slated to get the ball for the Mets tonight at home against the Braves. After a rough season debut, Matz has put together three straight strong starts. GETTY IMAGES

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Articles of Organization filed
with the Secy. of State of
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4, 2016. Office location:
New York County. SSNY is
designated as agent of LLC
upon whom process against
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Purpose: any lawful activity.

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undersigned to sell Beer, Wine & Liquor at
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Maldita Primavera.

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NOTICE OF FORMATION
of 54 Havemeyer St LLC.
Art. of Org. filed with Secy.
of State of NY (SSNY)
on April 1, 2016. Office
location: Kings County.
SSNY designated as
agent of LLC upon whom
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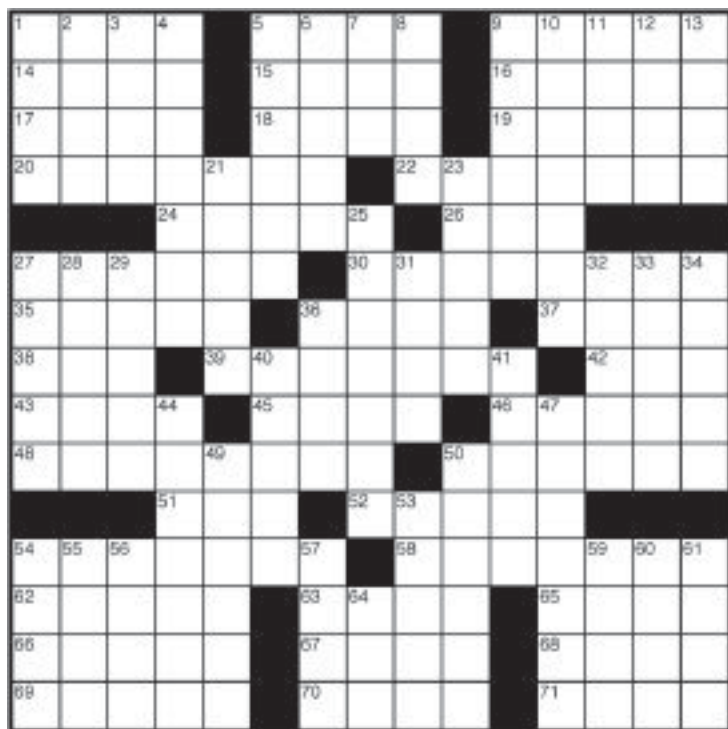
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Across

- 1 Happy medium
- 5 Short distance
- 9 "— A-Lula" (hyph.)
- 14 Lectern
- 15 Cut it out
- 16 Water, for one
- 17 Makes a bow
- 18 Anagram for Luna
- 19 Occupied, as a seat
- 20 Goddess of the hunt
- 22 Bareheaded
- 24 Trite
- 26 Go bad
- 27 Affect
- 30 The weather
- 35 Make merry
- 36 Cel character
- 37 First light of day
- 38 Motel of yore
- 39 Ideal
- 42 Chiang — -shek
- 43 PR persons
- 45 Cyrus' realm, now
- 46 Tip over
- 48 Loan party
- 50 Frat hopeful
- 51 Move after swerving
- 52 Perry's aide
- 54 Bunted, as a pet
- 58 Cruise ship fare
- 62 Ring-shaped reef
- 63 S&L deposit

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- 65 Diva — Gluck
- 66 Opposite of neo-
- 67 What fans do
- 68 Votes against
- 69 Pointed
- 70 Jot down
- 71 Ready the guitar

Down

- 1 — Hari (Garbo role)
- 2 Sheik colleague
- 3 Drive the getaway car
- 4 Dobbin's "dish"
- 5 Gaze into the sun
- 6 Oklahoma town

- 7 Uno, to Friedrich
- 8 Universe creator, to Pharaoh
- 9 Inning half
- 10 Put on a pedestal
- 11 Ten-speed
- 12 Works by Keats
- 13 Desk items
- 21 Temple city — Picchu
- 23 Gladiator's place
- 25 Clouded or snow —
- 27 Of the hipbone
- 28 Tropical fruit
- 29 Drop-kicks
- 31 Kind of roast
- 32 In the raw
- 33 Longbow's sound
- 34 Catty
- 36 Shredded
- 40 Faint trace
- 41 Makes void
- 44 Bacon or summer day
- 47 Serf
- 49 Fast gait
- 50 Nebraska river
- 53 Disney site
- 54 Nods off
- 55 Bryce Canyon state
- 56 Defender of Dreyfus
- 57 Doggone
- 59 Baseball family name
- 60 Feds (hyph.)
- 61 Cut some slack
- 64 Sweet murmur

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easy

	6		2	9		5		
4							9	
					7	8		
2		6	4			7		1
1			7		3			9
9		7			1	3		5
		9	1					
	4							7
		3		4	5		2	

hard

	7	6	8				9	
5			6			8		
				9	4	5		
2				8		6		
	4	8				7	2	
		1		2				4
		4	7	5				
		9			8			7
	8				6	1	3	

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Aries Sign up for an adventure. The people you encounter and the experience you gain will bring about personal changes that will improve your outlook, life and future.



Taurus Mingle, interact with others and gather information. While socializing or networking, you will discover valuable information that will prompt personal change.



Gemini Stick to the truth. Exaggeration and excess will be your downfall. Work hard to nurture important partnerships. Don't be fooled by someone's bravado.



Cancer Reconnect with people you have worked with in the past. Melding the old with the new will help you define your strategy. Don't be afraid of being different.



Leo Consider how well you get along with colleagues and how you can improve your position. Personal change will make a difference, but don't try to coerce others into changing.



Virgo A persuasive depiction of what you are up to will draw interest. Educate those you encounter with a presentation that offers a unique chance to get involved in something special.

Yesterday's answers



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Libra Do something different. Plan a vacation or participate in an activity that challenges you physically. If you join forces with someone you enjoy being with, positive change will result.



Scorpio Don't settle for the same old routine or for spending time with people you have nothing in common with. If you expand your interests, you will learn something new.



Sagittarius Don't mess with the rules, and listen to authority figures attentively. Stick close to home where you can enjoy the comforts of friends and family. Keep life simple.



Capricorn Don't jump just because someone says they need help. Size up the situation and consider the consequences of getting involved. Make personal relationships a priority.



Aquarius Playing the waiting game isn't always easy for you, but sometimes it is in your best interest. Observe what others do and say and consider all your options. Be patient.



Pisces You'll have big choices to make. Don't fold under pressure or give in to someone who is being selfish. Use your head and act on your behalf, not on someone else's. **EUGENIA LAST**



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